

TROOP 16 Trail to First Class Itinerary

MARCH / APRIL 2013

MARCH 4 – Elect a Patrol Leader and Quarter Master. Begin working on a patrol name, patrol yell, and patrol flag.

If time allows, begin Tenderfoot Requirement 10a.

RECORD YOUR BEST IN THE FOLLOWING TESTS:

PUSH-UPS

PULL-UPS

SIT-UPS

STANDING LONG JUMP

¼ MILE WALK/RUN

March 11th – No meeting

March 18th – Tenderfoot Requirement 6 , 7 and 8:

TF 6- DEMONSTRATE HOW TO DISPLAY, RAISE, LOWER, AND FOLD THE AMERICAN FLAG.

TF7 – Repeat from memory and explain in your own words the Scout Oath, Law, motto and slogan.

TF8 – Know your patrol name, give the patrol yell, and describe your patrol flag.

March 20—Patrol Quatermaster will need to report to maintenance shed with other quartermasters to draw patrol equipment for campout—tents, table, pavilion, and stove.

March 22 -24 – Wright Patman Lake Cleanup Campout:

TF1- Present yourself to your leader, properly dressed, before going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry it.

TF2- Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.

TF3 – On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together. For this first campout, the leaders will need to coordinate with parents to plan a menu. Friday night should probably be a sack dinner. It is your choice to cook a hot breakfast, lunch, and dinner, but it is a good time to expose them to outdoor cooking. You need at least one hot meal for Saturday. Recommend one-two hots for Saturday with a cold meal on Sunday for departure. Whichever the meal, the boys need to assist in all aspects from prep, cooking, serving, and clean-up with

close supervision in the cook stage. Proper wash and clean of prep area and clean up of dishes is a must.

SC5 – Participate in an approved (min of one hour) service project—THE CLEAN UP.

The following small group classes will be taught at WPLCC:

TF4 – a. Demonstrate how to whip and fuse the ends of a rope.

b. Demonstrate that you know how to tie the following knots and tell what their uses are:

Two half – hitches and the Taut-line hitch

c. Using the EDGE method, teach another person how to tie the square knot.

TF5 – Explain the rules of safe hiking, both on the highway and cross- country, during the day and at night. Explain what to do if you are lost.

TF9 – Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Describe what a bully is and how you should respond to one.

TF 11- Identify local poisonous plants; tell how to treat for exposure to them.

TF 12 – a. Demonstrate how to care for someone who is choking.

b. Show first aid for the following:

Simple cuts and scrapes

Blisters on the hand and foot

Minor burns or scalds – first degree

Bites and stings of insects and ticks

Venomous snakebite

Nosebleed

Frostbite and sunburn

SC2 – Discuss the principles of “Leave No Trace”

SC6 – Identify or show evidence of at least 10 kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.

SC7 – a. Show what to do for “hurry” cases of stopped breathing, serious bleeding, and ingested poisoning.

c. Demonstrate first aid for the following:

Object in the eye

Bite of a suspected rabid animal

Puncture wounds from a splinter, nail, and a fishhook

Serious burns – Second Degree

Heat Exhaustion

Shock

Heatstroke, dehydration, hypothermia, and hyperventilation

March 25th – SC 4- Participate in a flag ceremony for your school, religious institution, chartered organization, community, or troop activity. Explain to your leader what respect is due the flag on the United States.

April 1th- CATCH UP. Any prior requirement not fully completed can be worked on this night and practice Patrol yell, ect...

April 8th – RETEST

RECORD YOUR BEST IN THE FOLLOWING TESTS:

PUSH-UPS

PULL-UPS

SIT-UPS

STANDING LONG JUMP

¼ MILE WALK/RUN

COMPLETE any remaining Tenderfoot requirements. Conduct scout master conference. TENDERFOOT requirements complete, except for BOR. Please coordinate with Hampton Fonetnot, the Geezer in charge of BOR, for BOR of review on April 15.

Prior to Scout-O-Rama, SC 7b--Prepare a personal first aid kit to take with you on a hike.

April 12-14-Scout O Rama.

Small Group classes:

SC 3c- Demonstrate proper care, sharpening and use of the knife, saw, and ax, and describe when they should be used.

SC3f—Explain when it is appropriate to use a lightweight stove or propane stove. Set up a lightweight stove or propane stove; light the stove, unless prohibited by local fire restrictions. Describe the safety procedures for using these types of stoves.

SC 9b—Explain the three R's of personal safety and protection.

FC6 – Identify or show evidence of at least 10 kinds of native plants found in your community.

FC8 a,b,c,d:

FC8a- Demonstrate tying the bowline knot and describe several ways it can be used.

FC8b- Demonstrate bandages for a sprained ankle, and for injuries on the head, the upper arm, and the collarbone.

FC8c- Show how to transport by yourself, and with one other person, a person:

From a smoke-filled room

With a sprained ankle, for at least 25 yards.

FC8d- Tell the five most common signals of a heart attack. Explain the steps (procedures) in CPR.

April 15— BOR for Tenderfoot.

April 22—Awards Night

April 29—Troop Elections. You will not need to elect a new Patrol Leader or Quartermaster—unless you want to move the positions around.